



Infant/Toddler Schedule

Name: _____

Date: _____

Directions: For each care event Baby requires, write down the date and time. For feeding, note how long it took to feed since you cannot indicate quantity fed as with a real infant. Indicate how long Baby slept. In the Comments column, note how you are feeling or any information related to the care instance recorded.

If you need additional space, use a separate sheet of paper.

Date/Time	Feeding	Sleeping	Diapering	Comments

Caregiver Journal – At least three times during the care simulation (examples: dinner time, bed time, middle of night, in the morning), write down your thoughts and feelings about your care giving experience. Explain challenges you are facing or emotions you are feeling. This information will help you with the reflection assignment you will complete after you turn in your Baby.